

Sharon Thompson, MA, LMFT  
Marriage and Family Therapist

## CONFIDENTIAL INFORMATION FORM

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Sex: male \_\_\_\_ female \_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City Zip

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Do I have your permission to contact you via text message if necessary? Y N \_\_\_\_ (Initial here)

Status and length of time (for all that apply) :

Married \_\_\_\_ Separated \_\_\_\_ Divorced \_\_\_\_ Single \_\_\_\_

Widowed \_\_\_\_ Living with Someone \_\_\_\_ Employed Full-time \_\_\_\_

Employed Part-time \_\_\_\_ Full-time Student \_\_\_\_ Part-time Student \_\_\_\_

### Employment Information

Current Employer: \_\_\_\_\_ Hire Date/Year: \_\_\_\_\_

Title/Position: \_\_\_\_\_ Phone: \_\_\_\_\_

Approximate Hours Worked Per Week: \_\_\_\_\_ Does your job satisfy you? \_\_\_\_\_

### Nearest Relative (not living in your household):

Name: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ cell home work (circle one)

### Medical Information

Primary Care Physician: \_\_\_\_\_ Location: \_\_\_\_\_

Medications (include dosages, how frequently taken, and time of day it is taken):

\_\_\_\_\_  
\_\_\_\_\_

List of current medical complaints/problems: \_\_\_\_\_  
\_\_\_\_\_

List of any family history of medical or mental health issues: \_\_\_\_\_  
\_\_\_\_\_

**Family Members Living in Household (continue on back if necessary):**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Please list any of your children not living with you (include ages): \_\_\_\_\_  
\_\_\_\_\_

Reason for Seeking Counseling: \_\_\_\_\_  
\_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

Any past therapy? Yes \_\_\_ No \_\_\_ If yes, name of previous therapist: \_\_\_\_\_

When? \_\_\_\_\_ # of sessions? \_\_\_\_\_

**How did you find my name** (referral, my website, phone book, Psychology Today, other)?

\_\_\_\_\_

**Spiritual Beliefs:** Protestant/Christian \_\_\_ Catholic \_\_\_ Jewish \_\_\_ Agnostic \_\_\_  
Other: \_\_\_\_\_

Are you currently attending a place of worship? Yes \_\_\_ No \_\_\_

If yes, where you are currently attending? \_\_\_\_\_

Did you grow up attending worship services? Yes \_\_\_ No \_\_\_

If yes, what denomination, church or synagogue? \_\_\_\_\_